



Summer workout schedules:

Cheerleading- Tues-Thursday 10:00am-1:00pm

Head Cheerleading Coach-Malrissa Jones Mjijones513@gmail.com

Volleyball- 7:00pm-8:30pm Tues. & Thursday (off in July)

Head Volleyball Coach-William Marshall nitroplayer87@msn.com

Wrestling- June & July Monday-Thursday 10am-noon

Head Wrestling Coach-Caska Thompson caskat5@gmail.com

Boys Soccer- June & July Wednesdays 9am-11am August 2nd until school begins- Mon.-Thurs. 9am-11am

Head Soccer Coach-Kevin Nourse knourse7531@columbus.k12.oh.us

Girls Soccer- Begins August 2nd Tues. & Thurs. 9am-11am

Head Girls Soccer: Tyler Smith tsmith3@columbus.k12.oh.us

Cross Country- Training begins July 5th at 4pm. See Mifflin X-Country flyer for dates.

Head Boys CC Coach-Caska Thompson caskat5@gmail.com

Head Girls CC Coach -Timothy Myles timothymyles17@yahoo.com

Golf- will begin in August. Schedules TBA.

Head Golf Coach-Anthony Mangette amanette@columbus.k12.oh.us

Football- See football calendar. Typical practice times will be 3pm-6pm on weekdays through July.

Head Football Coach-Jerell Cogmon jcogmon@columbus.k12.oh.us

Boys basketball- See Boys Basketball calendar

Head Boys Basketball Coach-Anthony Mangette amanette@columbus.k12.oh.us

Go to <http://columbus-oh.finalforms.com/> to register to participate in Mifflin Athletics.